

You are **fire**; enkindle in me your love.

You are **light**; enlighten my mind  
with the knowledge of eternal things.

You are the **Dove**; give me innocence of life.

You are the gentle **Breeze**;  
disperse the storms of my passions.

You are the **Tongue**; teach me how to bless you always.

You are the **Cloud**;  
shelter me under the shadow of your protection.

And lastly, You are the **Giver** of all heavenly gifts;

animate me, I beseech you,  
with your **grace**; sanctify me  
with your **charity**; enlighten me  
with your **wisdom**;

adopt me by your goodness as your child,  
and save me in your infinite mercy;  
so that I may ever **bless** you, **praise** you, and **love** you;  
first during this life on earth,  
and then in heaven for all eternity.

**Amen.**

St. Alphonsus Liguori C.Ss.R.  
Founder of the Redemptorists  
1696 - 1787